STEAM Cooking Activities

Here are two fun cooking activities for the family. Make sure you have the supervision of an adult or older sibling. Enjoy!

Microwave Chocolate Mug Cake



Prep:  5 min. Cook:  2 min. Ready: 7 min.

*Recipe by:* safinabakes1231

**Practice your measuring skills** with this fun cooking activity.

Ingredients

* 1/4 cup all-purpose flour
* 1/4 cup white sugar
* 2 tablespoons unsweetened cocoa powder
* 1/8 teaspoon baking soda
* 1/8 teaspoon salt
* 3 tablespoons milk
* 2 tablespoons canola oil
* 1 tablespoon water
* 1/4 teaspoon vanilla extract

Directions

1. Mix flour, sugar, cocoa powder, baking soda, and salt in a large microwave-safe mug; stir in milk, canola oil, water, and vanilla extract.

2. Cook in microwave until cake is done in the middle, about 1 minute 45 seconds.

**Add toppings (optional):** ice cream, sprinkle, whipped cream, cake icing

Easy Fruit Salad



Prep: 10 min. Ready: In 10 min.

*Recipe by:* khammond87

Easy fruit salad in just minutes. **Add whatever fruit** you want to mix it up.

Ingredients

* 2 bananas, cut into bite-size pieces
* 2 apples, cut into bite-size pieces
* 2 (15 ounce) cans mandarin oranges, drained
* 1 (8 ounce) container frozen whipped topping (such as Cool Whip), thawed

Directions

1. Mix bananas, apples, and mandarin orange segments together in a bowl

2. Add whipped topping and stir gently to coat fruit with whipped topping. Refrigerate unserved portions.